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From: **Fenn, Julie** <jfenn@lexingtonma.org>

Date: Wed, Dec 17, 2025 at 12:04 PM

Subject: Follow Up To Opt Out Request 5th grade HGD-sexual health lessons

To:

Dear

Thank you for notifying us of your family's wishes to opt your child out of the sexuality health education lessons. We have noted this in our records. Below is the information regarding the alternative lessons. Your child's health teacher will arrange with the classroom teacher an alternative space for your child to go to when the 5th grade lessons are taught.

According to Massachusetts state law, Parents and Guardians have the legal option to request that their child be excused from lessons that address sexuality education. Per School Committee policy, students not participating in these lessons will be expected to complete alternative health assignments. Health education is a required course and students are expected to attend the other scheduled health classes.

For parents/guardians of elementary school students who choose to have their child removed from class for the human growth and development lessons and sexual health, they can choose one of two options for addressing "related coursework":

Students exempt from that portion of the curriculum specifically involving human sexual education or human sexuality issues will be assigned related coursework and material to occupy the exempted



curricular time. Students may either:

1. complete the alternative lessons and assignments provided by the LPS district that cover the subject matter on their own, with oversight from and discussion with a parent/guardian or;
2. parent/guardian, in consultation with the assistant coordinator of Physical Education, Health and Wellness, will identify alternative curriculum and assignments to be completed by the student, with oversight from and discussion with a parent/guardian. Students will include descriptions of their experiences relating to these developmental issues.

The related coursework can be submitted to the student's health teacher by the end of the unit or the LPS Assistant Coordinator of PE, Health and Wellness.

I am happy to meet in person or talk by phone at your convenience. I've attached the alternative lessons for you to review. Please let me know if you prefer using those at home or would rather submit an alternative curriculum for approval. If you'd like to meet please let me know some days and times that are convenient for you. I look forward to hearing from you.

Thank you
Julie

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Julie Fenn
Assistant Coordinator PE, Health and Wellness
Pronouns: She/Her ([why? Be an ally](#))
Joy in learning | Curiosity in life | Compassion in all we do.

